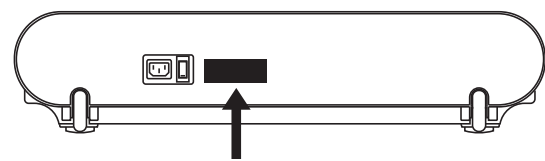


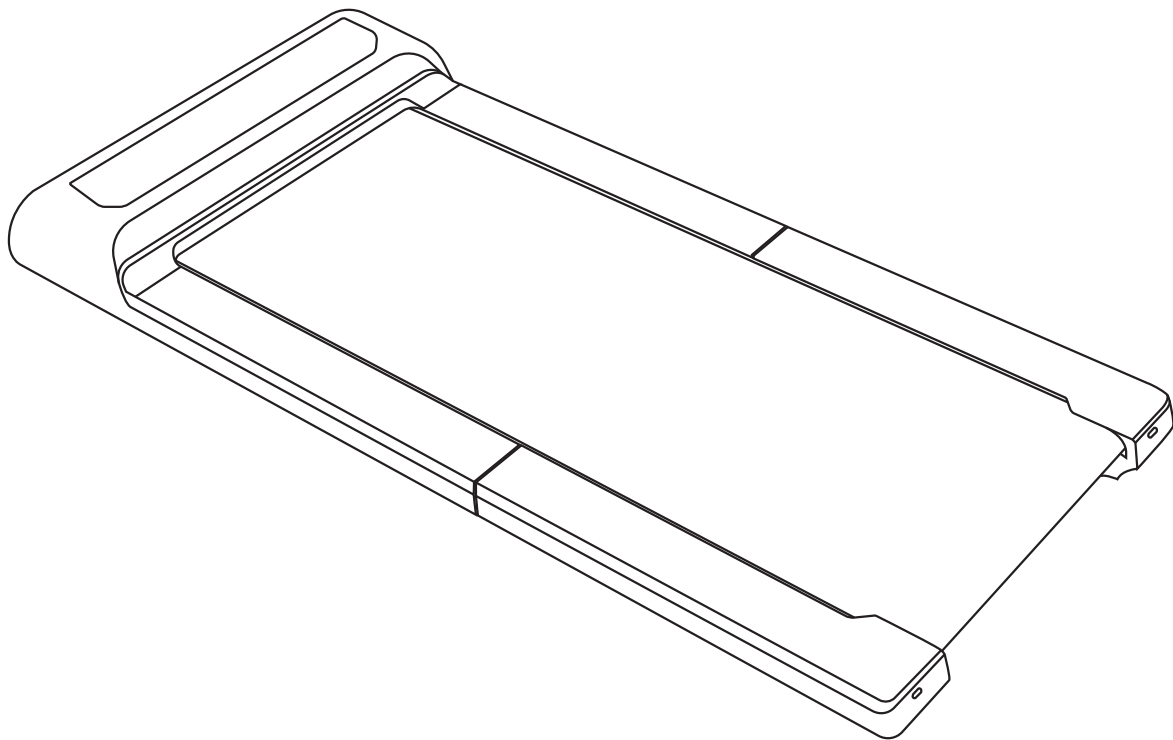
WalkingPad

R3 JustWalk

USER MANUAL



Position to paste the nameplate



WARNING

Please be careful to avoid slipping and injury when using.
Don't let children approach or use this equipment.
The equipment has an innovative folding design. Mind your hands when folding/unfolding it.
Please read the user manual carefully before using the product. Keep it properly for future reference.



Scan the QR code for
more languages



Scan the QR code for
app download

Safety Precautions

The equipment is intended for residential use.

DANGER - TO REDUCE THE RISK OF ELECTRICAL SHOCK:

Always unplug the equipment from the electrical outlet immediately after using and before cleaning.

WARNING - This equipment can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the equipment in a safe way and understand the hazards involved. Children shall not play with the equipment. Cleaning and user maintenance shall not be made by children without supervision. This equipment is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the equipment by a person responsible for their safety. Children should be supervised to ensure that they do not play with the equipment.

WARNING - Store the equipment flat. Keep young children away from this machine at all times. Contact with the moving surface may result in severe friction burns.

WARNING - TO REDUCE THE RISK OF BURNS, FIRE, ELECTRIC SHOCK, OR INJURY TO PERSONS:

- 1) Equipment should never be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts.
- 2) Do not operate under or near a blanket or pillow. Excessive heat can occur and cause fire, electric shock, or injury to persons.
- 3) The equipment is only to be used by healthy and able-bodied adults. Close supervision is necessary when this equipment is used by, on, or near children, invalids, or disabled persons.
- 4) The equipment is intended for consumer and residential use only. Do not use it in a commercial or light-commercial setting or outdoors or for medical treatment purpose.
- 5) Never operate this equipment if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Contact customer service for examination and repair. Do not use attachments not recommended by the manufacturer.
- 6) Do not carry this equipment by the supply cord or use the cord as a handle.
- 7) Keep the cord away from heated sources.
- 8) Never drop or insert any object into any opening.
- 9) Connect this equipment to a properly grounded outlet only.
- 10) Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- 11) To disconnect, turn all controls to the off position, then remove the plug from the outlet.
- 12) If you feel uncomfortable, please stop exercising immediately and consult a doctor to avoid damage to your health.
- 13) Ensure there is a distance of at least 2000 mm × 1000 mm behind the equipment and a distance of at least 600 mm on both sides.
- 14) Wear appropriate athletic clothing to use the equipment and exercise according to your own condition. Do not exercise barefoot or in socks only.
- 15) Do not wear loose or dangling clothing while using the product.
- 16) Do not stand or step on the head of the equipment.
- 17) Do not use this equipment with, near or around pets.
- 18) Do not walk backward on the equipment to ensure stability.
- 19) The elderly, children, and pregnant women Must use this device with caution. Please consult a doctor and obtain relevant guidance before using this equipment.
- 20) Do not fold this equipment when the power is on. Otherwise, it may affect the service life of the product and lead to other safety hazards. Do not start the equipment when it is folded.
- 21) Store the equipment as instructed in the manual for safety.
- 22) Do not get on or off this equipment when the equipment is running to prevent accidents.
- 23) Do not exceed the maximum specified user weight.
- 24) Do not expose this equipment to direct sunlight. Keep it in a cool and dry place.
- 25) Do not use the equipment in a humid environment or rain as it is not water-resistant.
- 26) Do not exceed the recommended usage time. Allow the equipment to cool down for 20 minutes before restarting.
- 27) For optimal performance and stability, use the equipment on a level solid surface and ensure there are no obstructions underneath it.

-
- 28) The value of the A-weighted emission sound pressure level at the trainer's ear is around 60dB(A). Noise emission under load is higher than without load.
 - 29) Injuries to health may result from incorrect or excessive training.
 - 30) In an emergency, press the "Start/Stop" button to stop the equipment and step on the anti-slip side strips until the equipment comes to a complete stop.
 - 31) Our company is not liable for any personal injuries or property losses caused by improper use of this product. We reserve the right to update, revise, or terminate the user manual and related instructions without prior notice.

WARNING:

To maintain the safety level of this equipment, it must be examined regularly for damage and wear. This includes components such as belt and motor. If you discover any defective components, replace them immediately. Do not use the equipment until repairs are complete. Pay special attention to components that are most susceptible to wear, such as the belt and motor. These components should be inspected more frequently and replaced when necessary.

Non-rechargeable batteries are not to be recharged.

Rechargeable batteries are to be removed from the equipment before being charged.

Different types of batteries or new and used batteries are not to be mixed.

Batteries are to be inserted with the correct polarity.

Exhausted batteries are to be removed from the equipment and safely disposed of.

If the equipment is to be stored unused for a long period, the batteries should be removed.

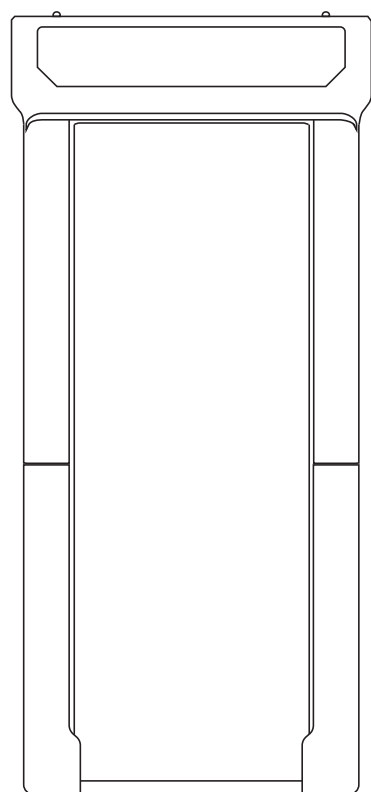
The supply terminals are not to be short-circuited.

Contents

1. Product Introduction	3
2. Operation and Adjustment	5
3. Care and Maintenance	13
4. Troubleshooting	14
5. Exercise Tips	15
6. Trademark and Legal Declaration	15
7. Regulatory Compliance Information	16

1. Product Introduction

Unpack the product and check the contents inside. If there is any damage or missing parts, please contact the seller.



WalkingPad

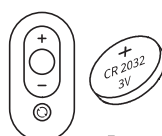
01 Tech Specs

Product name	Walking Device	Belt size	1200 mm×440 mm
Model	WP440F4		47.2 inch×17.3 inch
Speed range	1-6 km/h 1-4 mph	Unfolded size	1470 mm×675 mm×156 mm
Max user weight	120 kg / 265 lbs		57.8 inch×26.5 inch×6.1 inch
Net weight	30.1 kg / 66.3 lbs	Folded size	852 mm×675 mm×192 mm
Rated voltage	220-240 V~		33.5 inch×26.5 inch×7.5 inch
Rated frequency	50/60 Hz	Class	HC
Rated power	735 W	Age range	14 years and above
Speed control	Manual/Automatic		

02 Packing List



Power cord



Battery
Remote control



Silicone oil



Wristband



Allen key

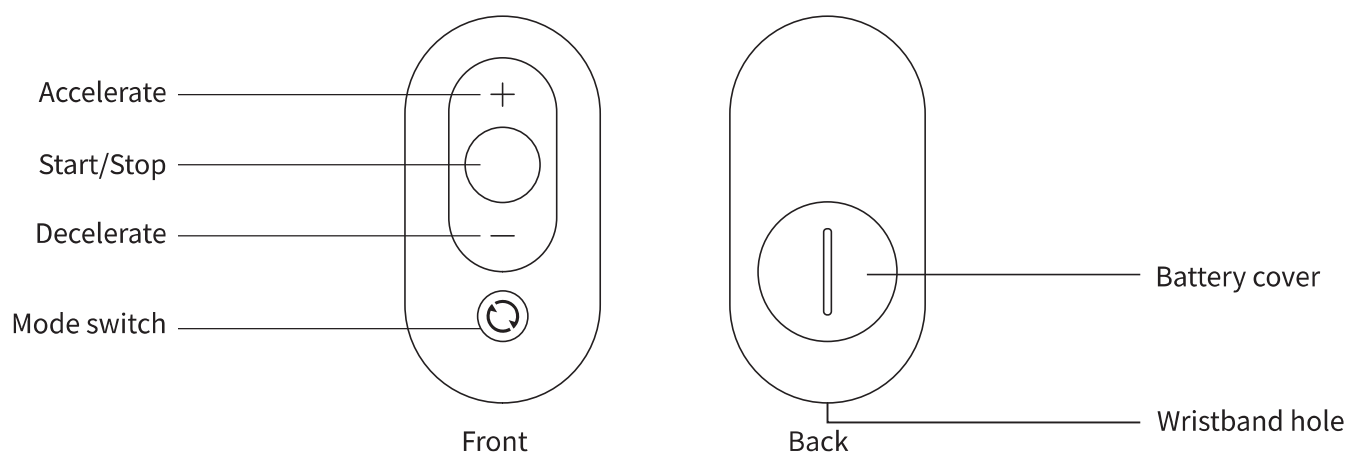
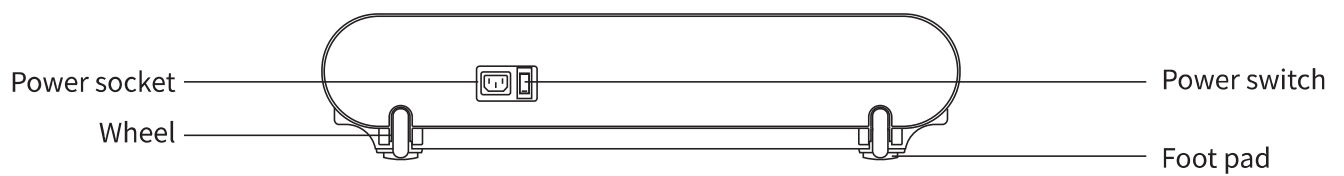
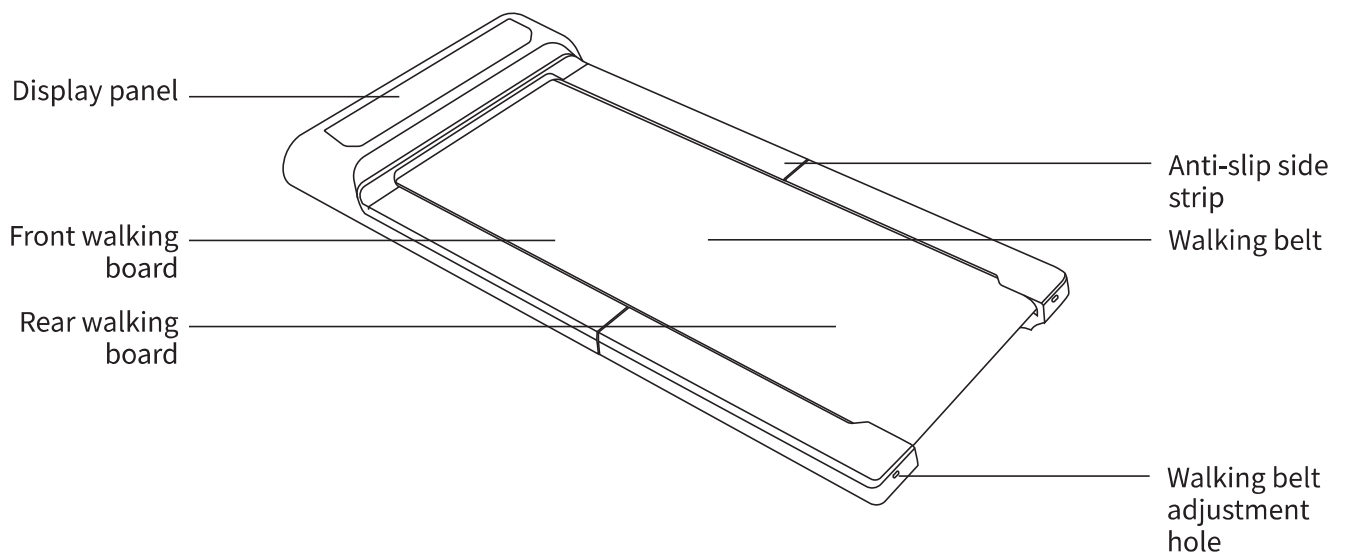


User manual

Radio Frequency and Radio Transmission Power

RF Specification	Working Frequency	Maximum Output Power
Bluetooth	2402-2480 MHz	1.23 dBm (EIRP)

03 Part Names

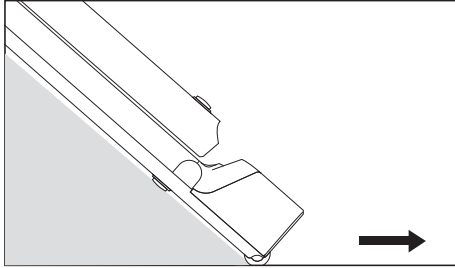


Remote control

2. Operation and Adjustment

01 How to move the equipment

Before moving the equipment, please ensure it is powered off, the power cord is unplugged and securely stored, and the walking board is completely folded.



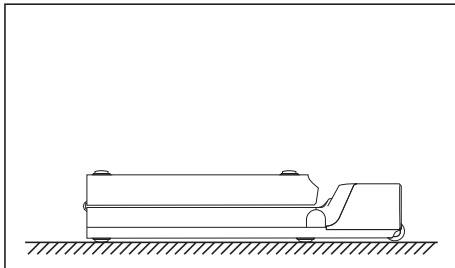
- ① Lift the equipment from the back end and move it to your desired location.

CAUTION:

- Avoid touching the walking belt to prevent damage or injury.
- Avoid moving the equipment on uneven floor to ensure stability.
- Maintain a proper angle between the equipment and floor to avoid friction when moving.

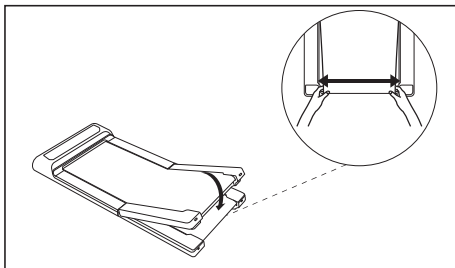
02 How to unfold the equipment

Before unfolding the equipment, make sure the free area behind the appliance is at least 2000 mm × 1000 mm, and the free area on each side is at least 500 mm.



- ① Place the equipment on a solid level surface.

CAUTION: Avoid a thick and soft carpet or mat, as it may affect the foot sense speed adjustment.

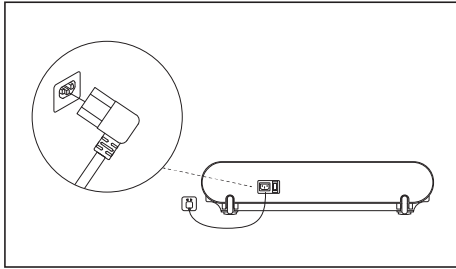


- ② Unfold the rear walking board. Center the walking belt by manually adjusting its front and back ends. Press down the rear walking board to make it completely flat. If it is not level with the floor, rotate the foot pad for adjustment.

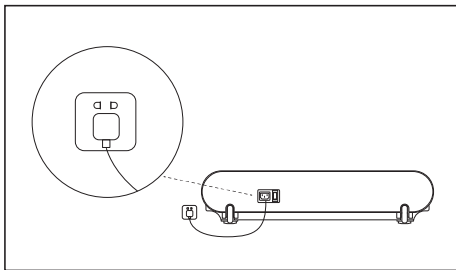
CAUTION:

- The rear walking board can be pressed down hard by hand without damaging the equipment.
- You may hear a tearing sound when unfolding the walking board and feel a slight gap when stepping on the walking belt. These are normal and will disappear with continued use.

03 How to plug in the power cord



- ① Insert the appliance end of the power cord into the power socket on the equipment.



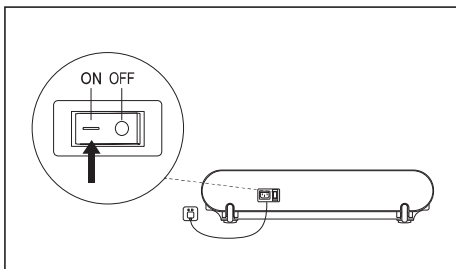
- ② Insert the wall outlet end of the power cord into the power outlet.

CAUTION:

- Do not modify the plug provided with the product. If the plug is not suitable for the outlet, have a qualified electrician install a suitable outlet.
- If the power cord is damaged, it must be replaced with the power cord designated by the manufacturer.

04 How to turn on the power

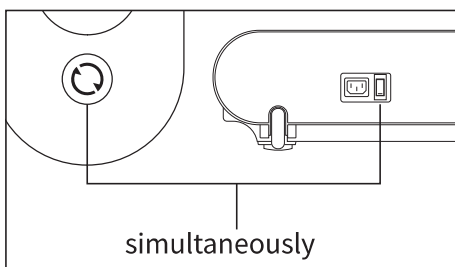
If the equipment is exposed to cold environment, please let it return to room temperature before turning on the power. Otherwise, its components may be damaged.



- ① Turn on the power switch until you hear a beep and see the panel lights up.

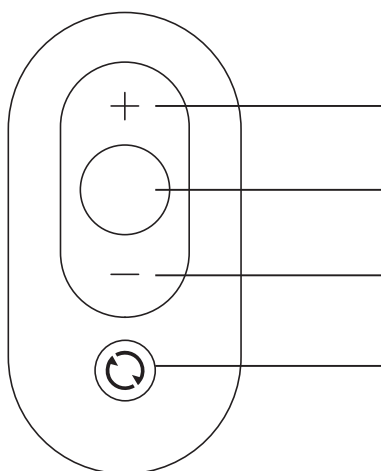
05 How to use the remote control

For your convenience, your equipment and remote control arrive pre-paired and ready to use. However, if you experience any issues or switch to a new remote control, follow the steps below to re-pair them.



Power off the equipment and wait for 10 seconds. Bring the remote control close to the display panel of the equipment. While holding the Mode Switch button on the remote control, turn on the power switch on the equipment until you hear beeps.

② Buttons and Functions



Accelerate

Press to increase speed in 0.5 mph (0.5 km/h) increments.
Max speed is 4 mph (6 km/h).

Start/Stop

Press to start the equipment.

Decelerate

Press to reduce speed in 0.5 mph (0.5 km/h) decrements.
Min speed is 1 mph (1 km/h).

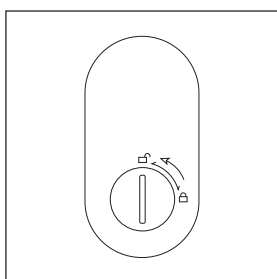
Mode Switch

Press to switch between Automatic mode and Manual mode.
Press and hold for 2 seconds to enter Sleep mode.

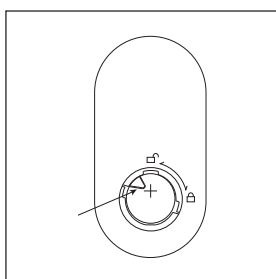
Caution:

- M mode (manual mode) is the factory default setting.

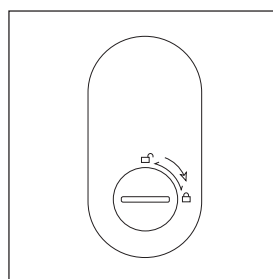
③ Install and replace the battery



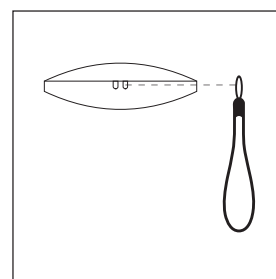
(a) Unscrew the battery cover counterclockwise using an appropriate tool.



(b) Align the positive and negative terminals and install a new CR2032 button battery (3V).



(c) Close the battery cover and tighten it clockwise.

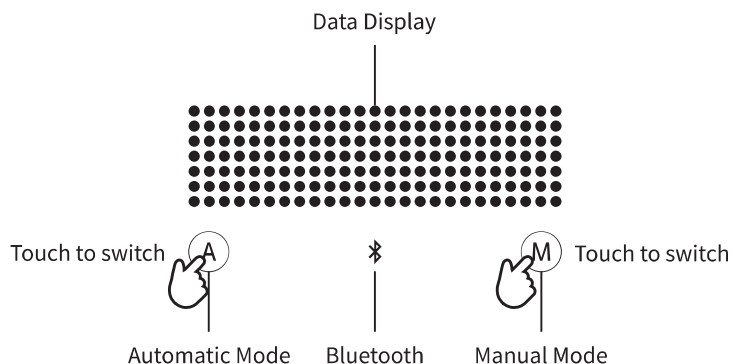


(d) Thread the wristband through the hole and tighten it with a knot.

Caution: Remember to properly install and wear the wristband.

06 How to use the display panel

The display panel utilizes advanced LED technology and offers a range of features to make your workout enjoyable. The following information will help you master how to use it quickly.



① Mode Features

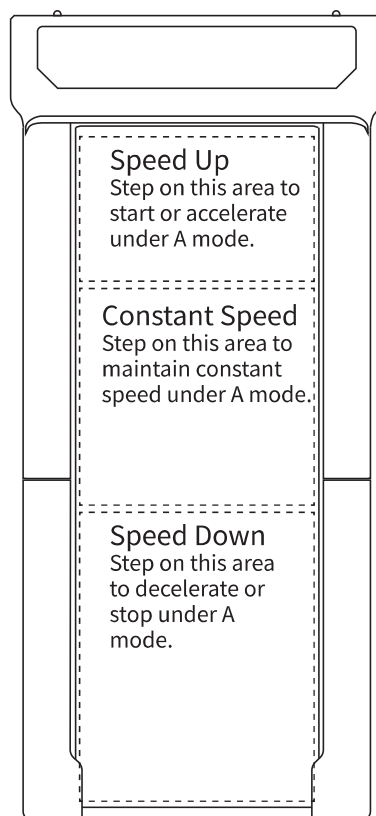
M mode (Manual mode):

- The default mode upon startup;
- Suitable for beginners;
- All buttons on the remote control are available.

A mode (Automatic mode):

- Suitable for skilled users;
- The +/- buttons on the remote control are not available;
- Supports foot sense speed adjustment.

Foot Sense Speed Adjustment



② Operation Guide

Power On: Turn on the power switch on the equipment. The panel will light up displaying workout data, with the M indicator lit and Bluetooth flashing.

Caution:

- The equipment enters M (Manual) mode by default.
- To monitor your heart rate, ensure your Apple Watch is connected to the KS Fit app.

TIME
12:03

Workout time: 12 min 3 sec.

mph
3.5

Current speed: 3.5 mph

mi
1.54

Distance: 1.54 mile

kcal
517

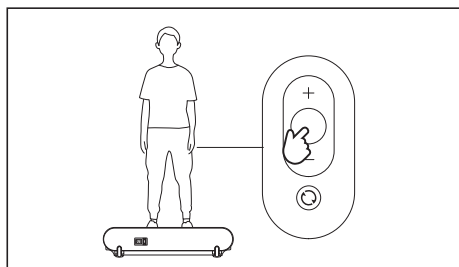
Fat burn: 517 Kcal

STEP
28.7k

Steps: 28.7k

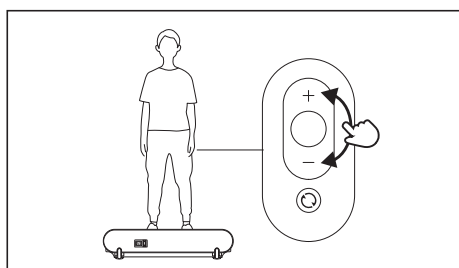
bpm
66

Heart rate: 66 beats per minute



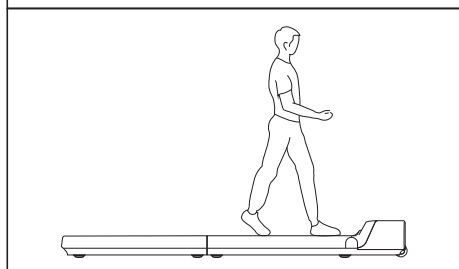
Walk: Step on the walking belt and press the “Start/Stop” button on the remote control. After a 3-second countdown, the equipment will start running at 1 mph (1 km/h).

Caution: For safety reasons, the equipment will automatically pause after walking for 8 to 60 seconds if no one steps on the walking belt after it's powered on. This safety feature, called "No-Load Stop", is disabled by default but can be enabled through the KS Fit app (“Motion” > “Settings” > “No-load stop”).

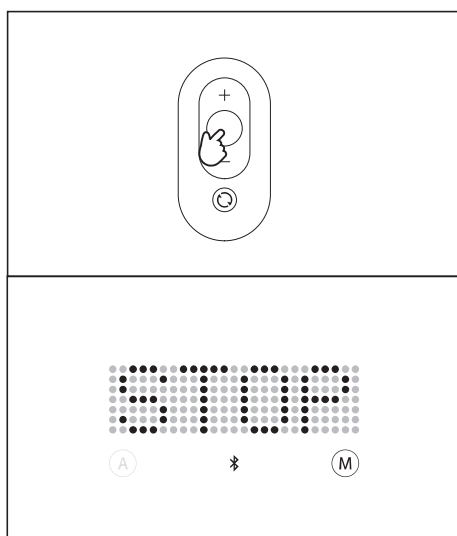


Speed Up/Down:

- In M mode, press the "Accelerate" button to increase speed or the "Decelerate" button to reduce speed while the equipment is running.



- In A mode, step on the Speed Up area to start/accelerate or the Speed Down area to decelerate/stop while the equipment is running.

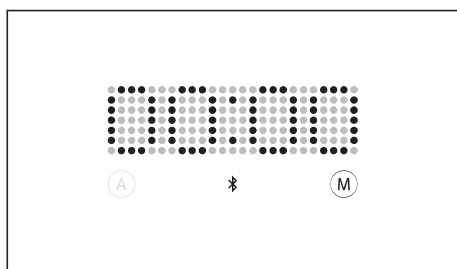


Pause Workout:

- In M mode, press the “Start/Stop” button while the equipment is running, the equipment will slow down and display “Stop”. When the equipment stops, the message “Stop” disappears and the workout data cycle through the screen.
- In A mode, step on the Speed Down area while the equipment is running, the equipment will slow down and display “Stop”. When the equipment stops, the message “Stop” disappears and the workout data cycle through the screen.

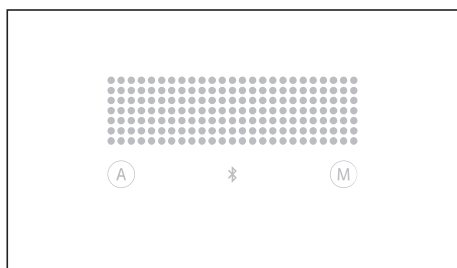
Caution:

- To resume workout in M mode, press the “Start/Stop” button and the workout data will continue to accumulate.
- To resume workout in A mode, step on the Speed Up area and the workout data will continue to accumulate.



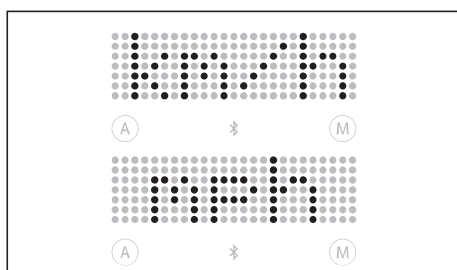
End Workout: Press the “Start/Stop” button for 2 seconds or wait for 10 minutes after pausing the workout, the display data on the screen will reset to zero, but the workout data will be saved in the app (if connected) .

Caution: Without the KS Fit app connected, your workout data will not be saved.



Sleep: Press the “Start/Stop” button for 2 seconds or let the equipment idle for 10 minutes after ending the workout, the display panel will turn off.

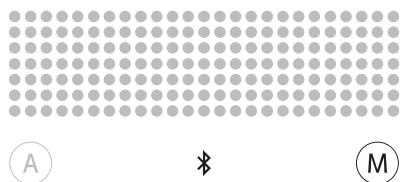
Caution: To wake the equipment from Sleep mode, press any button on the remote control.



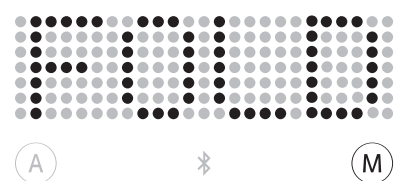
Unit Conversion: The display panel allows you to switch between metric and imperial units by the following steps. Restart the equipment, connect to the KS Fit app, tap “ME” > “Settings” > “Unit Settings” , choose “Metric” or “Imperial” , and restart the equipment again.

③ Status description

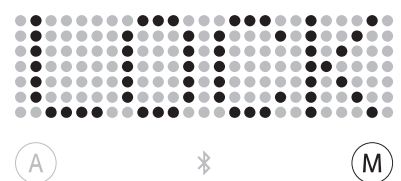
Bluetooth: The Bluetooth light stays solid when connected to the KS Fit app and flashes when not connected.



Fold: When the equipment is folded, the display panel shows “Fold” . Unfold the equipment to clear the “Fold” message.

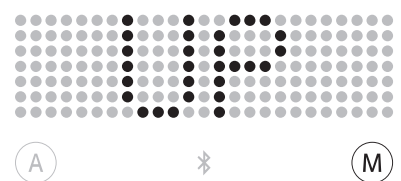


Child Lock: With child lock enabled in the KS Fit app, the equipment won't start and the panel will display "LOC". Disable the child lock in the app to clear the “LOC” message.



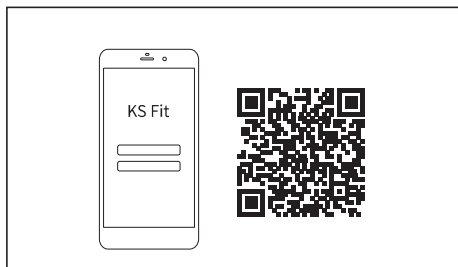
Upgrading: When the firmware is upgrading, the display panel flashes “UP” and the equipment cannot start. Wait until the upgrade is complete and the message “UP” disappears.

Caution: Do not power off when the equipment is upgrading.



07 How to connect the App

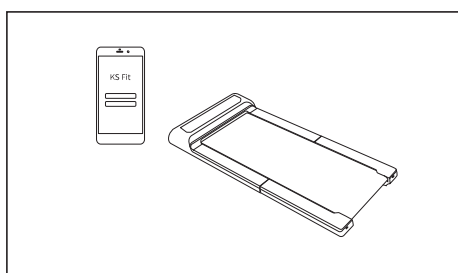
Elevate your workout experience with the KS Fit app. Real-time data tracking and personalized guidance help you reach your fitness goals faster.



- ① Scan the QR code, download and install the KS Fit app.
- ② Bring your mobile phone close to the equipment.
- ③ Turn on Bluetooth on your phone and allow it to search for nearby devices.
- ④ Turn on the power switch on your equipment.
- ⑤ Open the KS Fit app and add your equipment.

Caution:

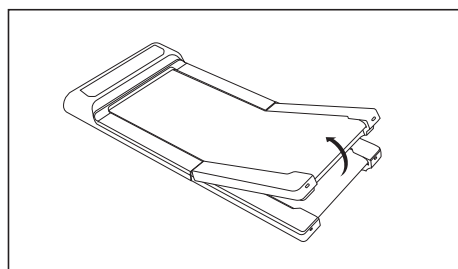
- The equipment can only be added through the KS Fit app. If you've already connected it via Bluetooth settings, please remove it and add it again using the app.
- In case pairing fails, turn off the equipment, wait for 10 seconds and repeat step ② to ⑤.
- For safety, avoid connecting another phone to the equipment while it's in use.



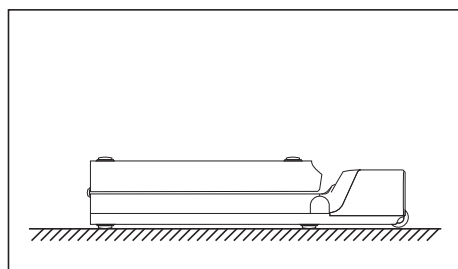
08 How to fold the equipment

For your safety and to prevent damage to the equipment, always turn off the equipment and unplug both ends of the power cord before folding.

Warning: To allow the running surface to come to a complete stop before folding.



- ① Lift up the rear walking board until it is fully folded.



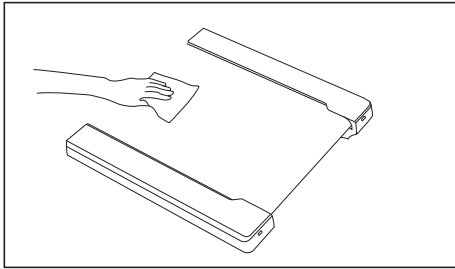
- ② Move the equipment to your desired spot and store it horizontally.

Warning: Do not operate a folded equipment.

Caution: Store the power cord and remote control properly for next use.

3. Care and Maintenance

For optimal performance and longevity, perform regular maintenance on your equipment from the following aspects. If you discover any damage or wear, stop using the equipment immediately and contact customer support or a qualified technician for repairs.

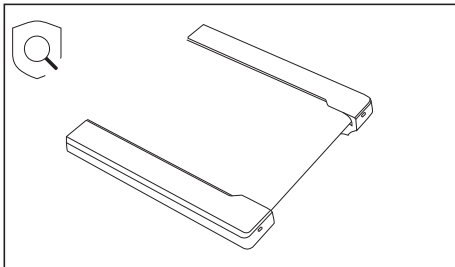


① Clean the equipment

- Power off the equipment and unplug the power cord.
- Add a small quantity of mild cleaner to a 100% cotton cloth, and wipe down the display panel, walking belt, etc.

Caution:

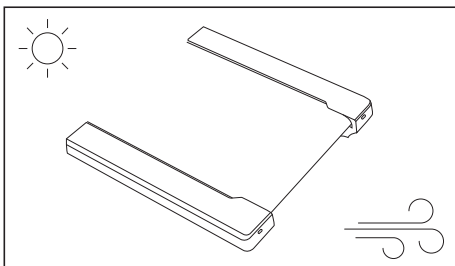
- Do not spray the cleaner directly on the display panel or walking belt.
- Do not use acidic or corrosive cleaner.
- Do not wipe under the walking belt.
- After a period of exercise, dust and stains may appear on the rear floor. This is normal and can be simply wiped clean.



② Check the equipment

- Check the power cord. If any damage and wear is found, stop using it and replace the power cord immediately.
- Check the walking belt. If it is not centered, too tight or too loose, adjust the walking belt (→P14).

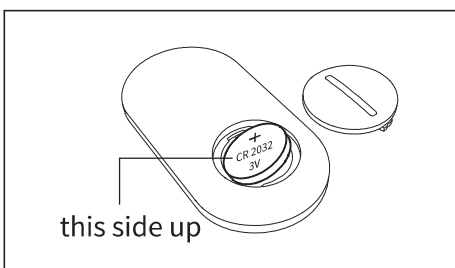
Caution: If any replacement is needed, use the components designated by the manufacturer.



③ Keep cool and dry

- Keep the equipment in a cool and dry condition.
- Caution:** Do not use the equipment outdoors or in areas of high humidity or extreme temperature changes.
- Allow the equipment to cool down for 20 minutes after 2 hours of use.

Caution: Do not use the equipment continuously for more than 2 hours.



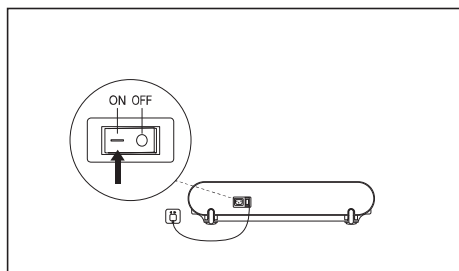
③ Battery replacement

- If the remote control is to be stored unused for a long period, the batteries should be removed.
- If the remote control runs out of power, open the battery cover, replace and insert a new battery (CR2032 3V).

Caution: Batteries are to be inserted with the correct polarity.

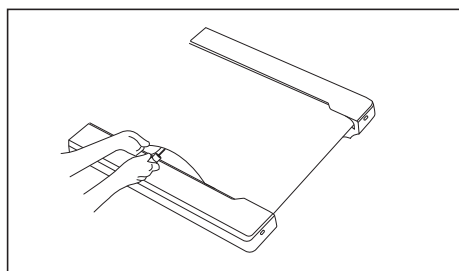
4. Troubleshooting

Most malfunctions can be solved by the following steps. If any issues are found during use, stop using the equipment immediately and try to solve them as instructed below.



① Symptom: The power cannot be turned on / The power is off during use.

- Ensure both ends of the power cord are plugged in.
- Make sure the power switch is turned on.

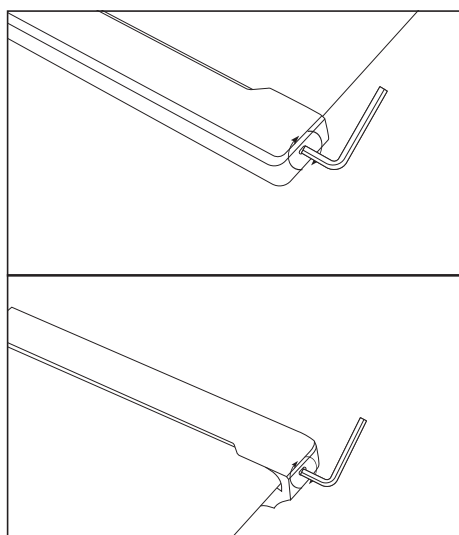


② Symptom: The walking belt moves unevenly with noise

- Power off the equipment and unplug both ends of the power cord.
- Gently lift up the rear walking board, raise the walking belt, and apply the silicone oil in a “Z” shape at the center of the walking board.
- Power on the equipment and try again.

Caution:

- Silicone oil doesn't need to be applied on the entire walking board as it will naturally spread during use.
- 5-10 ml of silicone oil is required for each lubrication. Excess may cause slipping.



③ Symptom: Walking Belt deviating or slipping

Note: There are two gaps on the left and right sides of the plastic shell at the front of the walking belt. The walking belt should be kept running in the center position. When the walking belt is offset to the left or right side of the white mark on the edge, it should stop the movement and adjust the walking belt to the center position.

- If the walking belt is not centered:

Gently lift the rear walking board and adjust the walking belt manually (→P5).

- If the walking belt still deviates, adjust it with the Allen Key supplied by the following steps:

- a. Walking Belt goes to the left: turn the left adjustment hole screw clockwise by 1/4 turn.
- b. Walking Belt goes to the right: turn the right adjustment hole screw clockwise by 1/4 turn.
- c. Walking Belt is slipping: turn the left and right adjustment hole screws clockwise for 1/2 turn at the same time.

After each adjustment, run the equipment at a speed of 3-4 km/h (1.95-2.5 mph) for 1-2 minutes to verify adjustment. Repeat adjustments if needed.

Caution: If the walking belt is too tight or too loose, it will affect the performance of the equipment and damage the walking belt.

④ Error code description

In case of a malfunction, the display panel will show an error code as below. Turn off and restart the equipment to see if the error code disappears. If it still persists, contact the customer service for assistance. Be sure to have your product model and serial number ready which can be found on the nameplate (see cover).

E01 Software overcurrent
E02 Hardware overcurrent
E03 IPM module overheating
E04 Undervoltage protection
E05 Overvoltage protection
E06 Motor phase loss protection
E07 Motor locked-rotor protection

E09 Motor unable to start
E12 Motor overcurrent protection
E13 Overload protection
E14 Hall signal missing
E15 Communication fault
E16 Module connection error

5. Exercise Tips

Exercise Intensity

Whether your goal is to burn fat or improve cardiovascular fitness, exercising at the appropriate intensity is key to achieving results. You can use your heart rate as a guide to find the right intensity level. The table shows recommended heart rate zones for fat burning and cardiovascular fitness, for reference purposes only.

165	155	145	140	130	125	115	
145	138	130	125	118	110	103	
125	120	115	110	105	95	90	
20	30	40	50	60	70	80	Age

To find the appropriate intensity level, locate your age at the bottom of the chart (rounding to the nearest ten). The lowest number is the fat-burning heart rate, the middle number is the maximum fat-burning heart rate, and the highest number is the heart rate for improving cardiovascular fitness (it is recommended to wear a heart rate monitor during exercise to ensure efficiency, which requires additional purchase).

Burning Fat - To effectively use fat as an energy source, you must engage in low-intensity exercise for a sustained period of time. During the first few minutes of exercise, your body will use glycogen as energy. Only after the initial few minutes of exercise does your body begin to use stored fat as energy. If your goal is to burn fat, adjust your exercise intensity until your heart rate is close to the lowest value in your training zone.

Sports Guide

Warm-up: It is recommended to warm up for 5-10 minutes before exercising, fully mobilizing joints and stretching before starting low-intensity exercise.

Exercise: It is recommended to exercise for 20-30 minutes, maintaining exercise intensity within the training range (during the first few weeks of training, exercise time should be kept within 20 minutes), and breathing should be kept even during exercise.

Cool-down: It is recommended to stretch for 5-10 minutes after exercising, which can improve joint flexibility and muscle extensibility, and prevent exercise injuries.

Exercise Frequency

To maintain or improve your physical condition, complete three training sessions per week with at least one day of rest between each session. After several months of regular exercise, if necessary, you can complete up to five sessions per week. Remember, the key to success is to make exercise a frequent and enjoyable part of your daily life.

6. Trademark and Legal Declaration

Various patents relating to the Kingsmith WalkingPad Treadmill series are developed and copyrighted by Beijing Kingsmith Technology Co., Ltd. ("Kingsmith" for short). Without the written permission of Kingsmith, any organization or individual shall not copy or distribute all or any part of this User Manual and shall not use the patents contained thereof. This User Manual, as far as possible, has included various latest function introductions and operational instructions at the time of being printed.

Nevertheless, there might be discrepancies between the purchased Treadmill and those described herein due to a continuous optimization in functions and designs. Therefore, the actual Treadmill shall prevail in case of any deviations in color and appearance.

7. Regulatory Compliance Information

WEEE Disposal and Recycling Information



All products bearing this symbol are waste electrical and electronic equipment (WEEE as in directive 2012/19/EU) which should not be mixed with unsorted household waste. Instead, you should protect human health and the environment by handing over your waste equipment to a designated collection point for the recycling of waste electrical and electronic equipment, appointed by the government or local authorities. Correct disposal and recycling will help prevent potential negative consequences to the environment and human health. Please contact the installer or local authorities for more information about the location as well as terms and conditions of such collection points.

EU Declaration of Conformity



Hereby, Beijing Kingsmith Technology Co., Ltd. declares that the radio equipment type [WP440F4] is in compliance with Directive 2014/53/EU. The full text of the EU declaration of conformity is available at the following internet address: <https://de.walkingpad.com/pages/weitere-informationen>

UKCA Declaration of Conformity



Hereby, Beijing Kingsmith Technology Co., Ltd. declares that the radio equipment type [WP440F4] is in compliance with Radio Equipment Regulations 2017. The full text of the UKCA declaration of conformity is available at the following internet address: <https://uk.walkingpad.com/pages/other-information>

UKCA PSTI Statements of Compliance

Hereby, Beijing Kingsmith Technology Co., Ltd. declares that the radio equipment type [WP440F4] is in compliance with The Product Security and Telecommunications Infrastructure (Security Requirements for Relevant Connectable Products) Regulations 2023. The full text of the PSTI declaration of conformity is available at the following internet address: <https://uk.walkingpad.com/pages/other-information>